

# Yose DEIA Newsletter



BROUGHT TO YOU BY THE DEIA COUNCIL



Snow in Yosemite Valley, 12/2/22

## Contents

PAGE 1:  
**UPCOMING EVENTS**  
.....

PAGE 2:  
**MLK DAY**  
.....

PAGE 3:  
**UNPACKING PRIVILEGE**  
.....

PAGE 4:  
**MLK DAY YOSEMITE CLOTHING DRIVE**



It's the New Year, a perfect time for celebration, reflection and goal setting. To help guide your thinking, this newsletter offers helpful information on unpacking and exploring privilege, January's upcoming events, and lots of MLK Day content. Stay warm and have a great start to the new year.

**Learn more about DEIA on the [yoscommunity website!](https://www.nps.gov/yoscommunity)**

# Upcoming Events

**January 2-14**

## MLK Day Clothing Drive

During the first two weeks of January, we will be holding a clothing drive to celebrate MLK Day. Collection locations will be in El Portal, Yosemite Valley and Wawona, and all items collected will be donated to the Stockton Shelter for the Homeless. Requested items include coats, winter gear, towels, blankets, and twin sized sheets. For more details, see the flyer on the last page of the newsletter. For any questions, email [yose\\_dei@nps.gov](mailto:yose_dei@nps.gov).

**January 13, 12:00 - 1:20pm**

## Implementing Co-Stewardship in the NPS

On September 13, 2022, the National Park Service released new guidance to improve federal stewardship of national park lands and waters. These webinars will introduce the policy memo, define co-stewardship, and explain the intersections between current work and new opportunities. Each webinar will include examples from NPS superintendents and staff of how parks are currently implementing co-stewardship. Webinars to be held using oom. Meeting ID: 1613528819 Passcode: 650442

**Every Monday, 6:00 - 7:15pm**

## Balanced Rock Community Yoga

Join local instructors at the El Portal Community Hall for our yoga class! All levels are encouraged to attend, classes are donation-based. These classes are about YOU and your practice, students are always encouraged to modify as needed for their comfort level.

**January 12, 2:00 - 3:00pm**

## Disability Accommodation Overview and Analysis

Before you can appropriately manage the complex reasonable accommodation requests you're likely to receive in the next few months, you need a thorough understanding of the basics. In this webinar, you will learn about: making disability determinations, what "qualified individual" actually means, reasonable accommodation requests, denials of reasonable accommodation, and more. [Click here to register.](#)

**January 18, 10:00 - 11:00am**

## BiasSync: How to Cultivate Psychological Safety and Why it Matters

This webinar is the last session in BiasSync's Inclusion Series - a virtual conversation series for organizations on improving inclusion in the workplace. [Click here to register.](#)

**Every Monday & Tuesday, 6:00 - 7:00pm**

## Power Hours Vinyasa Flow with Bethany

Join Bethany Matumoto for an upbeat and rejuvenating class at the Wellness Center in Yosemite Valley. Get ready to get sweaty!

**Check out the [yoscommunity website event calendar](#) for more!**



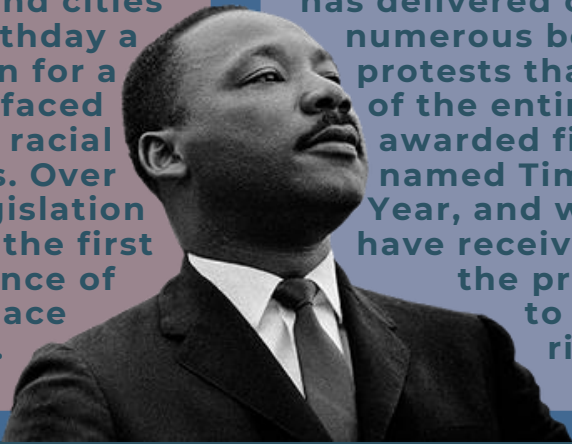
# MLK Day

Martin Luther King Jr. Day is celebrated every year on the third Monday of January. This year, it falls on January 16th. The purpose of MLK Day is to promote equal rights for all Americans, regardless of the social identities they might possess. It is the only federal holiday that is also designated by Congress as a national day of service – a "day on, not a day off". With this in mind, one of the best ways to celebrate this day is to participate in service activities that create meaningful change in the community. Additionally, it is important to use this day to learn about MLK's work and the American Civil Rights Movement.

## Creation of MLK Day

Almost immediately following King's assassination in 1968, there was a call for a national holiday in his honor. Although many states and cities deemed his birthday a holiday, legislation for a federal holiday faced opposition on both racial and political grounds. Over a decade later, the legislation finally passed and the first nationwide observance of MLK Day took place in 1986.

## Who is MLK?



Martin Luther King Jr. was one of the most influential and visible leaders in the Civil Rights Movement, and the primary spokesperson for nonviolent activism. He has delivered countless speeches, written numerous books and articles, and led protests that have caught the attention of the entire world. He has been awarded five honorary degrees, was named Time magazine's Man of the Year, and was the youngest man to have received the Nobel Peace Prize – the prize money which he donated to the furtherance of the civil rights movement.

## How to Celebrate MLK Day

Learn more about MLK and the American Civil Rights Movement:

### Short Watch:


- [MLK I Have A Dream Speech 1963](#) (17min)
- [Montgomery Bus Boycott Crash Course](#) (13min)
- [MLK Jr Crash Course](#) (13min)
- [Black Americans in the Civil War](#) (14min)

### Long Watch:

- [13th](#) (free on Netflix)
- [Hidden Figures](#) (rent for \$3.99 or free on Disney+)
- [King in the Wilderness](#) (rent for \$3.99)
- [The Black Power Mixtape](#) (rent for \$3.99)
- [BlacKkKlansman](#) (rent for \$3.99)

### Books

- [The Fire Next Time](#) by James Baldwin ([\\$7 on Amazon](#))
- [Carry Me Home](#) by Diane McWhorter ([\\$12 on Amazon](#))
- [Passing](#) by Nella Larsen ([\\$11 on Amazon](#))
- [Walking with the Wind: A Memoir of the Movement](#) by John Lewis ([\\$17 on Amazon](#))



**Donate items to the Yosemite MLK Day of Service Clothing Drive! Scroll to the last page of this issue for more details.**

# UNPACKING PRIVILEGE

Privilege describes benefits that belong to people because they fit into a specific social group or have certain dimensions to their identity. Having privilege means having an advantage that is out of your control and that you didn't ask for. You may not even notice it until you educate yourself about its existence.

Privilege and the lack of privilege are how power is distributed. It is hard to acknowledge our own privilege because privilege is the other side of oppression. Some people are against talking about privilege because they don't want to be framed as the aggressors or complicit in a system that gives them an advantage at the expense of others. Other critics of the word 'privilege' mistake it for a blanket term that suggests that, if you have a privilege, your whole life has been easy.

Ultimately, privilege is not a concept designed to make people feel guilty or to diminish their achievements. Instead, waking up to how you may have certain privileges is an essential first step towards being able to decisively act, in small and large ways, to use your privilege and make the systems we were born into fairer.

***Click the underlined text to learn more about your privilege!***

## **White Privilege**

- [What is White Privilege, Really?](#)
- [White Privilege: Unpacking the Invisible Knapsack](#)

## **Socioeconomic/Class Privilege**

- [Examples of Class Privilege](#)
- [Social Class - The Privilege Project](#)

## **Heterosexual/Cisgender Privilege**

- [Unpacking the Invisible Knapsack II](#)
- [10 Examples of Straight Privilege](#)

## **Gender Privilege**

- [Gender-Normative Privilege](#)
- [Ways I was Granted White Male Privilege After Transitioning](#)

# MLK DAY OF SERVICE

MON  
JAN 16  
2023

## YOSEMITE COMMUNITY CLOTHING DRIVE

### COLLECTION DATES

MON 1/2/23 - SAT 1/14/23

### REQUESTED ITEMS:

- **Coats**
- **Towels**
- **Twin sheets**
- **Gently used clothing**

*All items should be washed and in good condition*



### COLLECTION LOCATIONS

#### **Yosemite Valley**

- Wellness Center
- Valley Library: Tu 11-2, Wed 12-5, Th 11-5

#### **El Portal**

- VIP Office in Warehouse
- Rancheria Flat Library: Tu/Th 10a-6p

#### **Wawona**

- Pine Tree Market

*"The commemoration of the MLK Day of Service is a call to act on Dr. Martin Luther King Jr's legacy of social justice and equity. This day marks our opportunity to recommit as citizens by volunteering in service to others."*

**Items will be donated to  
the Stockton Center for  
the Homeless.  
[stocktonshelter.org](http://stocktonshelter.org)**

**Questions? [yose\\_dei@nps.gov](mailto:yose_dei@nps.gov)**

