

Yose DEIA Newsletter

BROUGHT TO YOU BY THE DEIA COUNCIL

The air feels so fresh and smells so so good! I love the fall. We have gotten our first snow and a temporary Tioga Pass closure, which is very exciting for all our ski lovers! Hopefully the weather holds off for a little while longer so we can get in some last-minute east side hikes and sunsets. Along with exciting seasonal changes, November brings us lots to celebrate: Veterans Day, Dia de los Muertos, and Trans Awareness Week. All of these have a full page of information and resources to help you learn more and celebrate in your own way. We also have some upcoming events, which include many NPS-specific webinars and trainings, as well as a very exciting Dia de los Muertos Sal's event on November 2nd, and recurring community yoga events. Have a great month!



Upcoming Events

Sal's Dia de los Muertos

November 2, 5:00pm

The Yosemite Employee Association and Yosemite BIPOC Employee Resource Group present Dia de los Muertos Sal's Night! Join us at the El Portal Community Hall for activities including face painting, loteria, an ofrenda, and a pinata! All bar tips go to the BIPOC ERG.

EAP Webinar: "Understand Disabilities"

November 8, 9:00am

November 15, 7:00am

November 16, 12:00pm

You, like many, may be wondering about appropriate ways to interact with people with disabilities. This presentation will give a general understanding of a wide range of disabilities including physical, mental, cognitive, or sensory impairments. It will also discuss disability awareness and give tips on social courtesies. [Click here to register.](#)

Community Yoga

Mondays, 6:00pm - 7:15pm

@ El Portal Community Hall

Tuesday, 6:15pm - 7:30pm

@ Wawona Redwoods

These classes are donation-based, volunteer-led, and welcome to all levels. Classes are held at the same time every week in two locations: Wawona Redwoods with Breezy Jackson, and El Portal Community Hall with rotating instructors. Check the schedule & learn more at balancedrock.org/community.

Looking for NPS DEIA workshops and trainings? Check out the Inclusion Café on SharePoint!

Imposter Syndrome in the Workplace

November 28, 12:00pm – 4:00pm

A person who suffers from imposter syndrome feels that they don't deserve the success they have achieved, despite evidence pointing to the contrary. They feel like a fraud and think that they are never really good enough. This training course is designed to help organizations and their employees (managers and team members alike) identify and overcome imposter syndrome (or at least limit its impact) in the workplace. [Register here.](#)

Emotionally Effective Leadership

November 16-17, 10:00am – 1:00pm

Increase Participants understanding of emotional intelligence and its role in effective leadership. Explore key areas of leadership in relation to emotional intelligence, and understand your own Emotional Intelligence. Articulate strengths and areas with opportunity for growth and come up with a personal development plan for increasing Emotional Intelligence. [Register here.](#)

New Courses for NPS Interpreters

Several dates in November & December

Working with the public is a rewarding part of being an interpreter and educator. But when tension flares among visitors and conflict escalates, what do you do? This suite of courses is targeted for interpreters and educators working with the public, to build skills in **bystander intervention** techniques especially around **confronting antisemitism, building conflict de-escalation skills, and building tools for personal resilience.** [Click here to learn more.](#)

Veterans Day

November 11

Veterans Day is a time for us to pay our respects to those who have served and to reflect upon the heroism of those who were lost in our country's service. By marking this day annually, we reaffirm our national values of duty, honor, selflessness, civic responsibility, and passion for our country. Originally called "Armistice Day," Veterans Day was supposed to serve as a time that would remind nations to always strive for peaceful relationships. [Click to learn more.](#)

"I want to acknowledge and thank our many coworkers who have served in the military. Yosemite National Park employes more than 100 military veterans, representing all service branches, and who in some cases have seen combat from present day and dating back to the Korean War. My thanks for your service and sacrifice as a member of the military, and for your continued service today." - Cicely Muldoon, 2021

Mariposa Gazette 'Spotlight on Veterans'

The Mariposa Gazette will be highlighting veterans and active-duty service members in their November 9th issue, available for free to all. For submissions, email nicole@mariposagazette.com or call (209) 966-2500 by November 1st.

DOI Veterans Employee Resource Group
[Click here](#) to join the department-wide ERG.

Local Resources: [Veteran Services | Mariposa County, CA - Official Website](#)

Mariposa VFW

The Mariposa Post (Post 6042) meets at 6pm the 2nd Thursday of each month in the VFW Building (backside of the Mariposa Visitors Center at 5158 Hwy 140, Mariposa, CA 95338). [Click here for more VFW info.](#) For questions, contact paul_brown@nps.gov

Lifetime Passes for Military Veterans and Gold Star Families

Each lifetime pass covers entrance fees for a driver and all passengers in a personal vehicle at national parks and national wildlife refuges, as well as standard amenity fees at national forests and grasslands, and at lands managed by the Bureau of Land Management, Bureau of Reclamation and U.S. Army Corps of Engineers. [Click here for more info.](#)

Día de los Muertos

October 31 - November 2

Día de los Muertos, or Day of the Dead, is a holiday in Mexico, also observed to a lesser extent in other areas of Latin America and in the United States. This holiday honors dead loved ones and celebrates making peace with the eventuality of death by treating it familiarly, without fear and dread. The holiday is derived from the rituals of the pre-Hispanic peoples of Mexico.

Ofrenda (Offering)

Ofrendas, also known as offerings or altars, are a central symbol of the holiday, created to welcome the souls of dead loved ones. Ofrendas help families remind a lost loved one that they have not forgotten them.

COMMON ITEMS INCLUDED IN THE OFRENDA:



PAPEL PICADO: Paper garlands made of tissue paper with intricate designs and bright colors. Represent the union between life and death.

CANDLES: Symbols of love for deceased relatives and guiding lights for their spirits.



FOOD: To celebrate the arrival of a deceased loved one, a banquet of their favorite food and drinks are placed as an offering.



CALAVERAS: (aka sugar skulls) They represent the deceased relatives. They are often made of sugar or chocolate, and often consumed by kids after the celebration.



MARIGOLDS: The unique scent and bright color of marigolds help to draw dead souls closer to an altar.



PHOTOS & POSSESSIONS: To remind spirits of the life they lived.



INCENSE: Used as a way to purify the souls of the dead and ward off evil spirits.

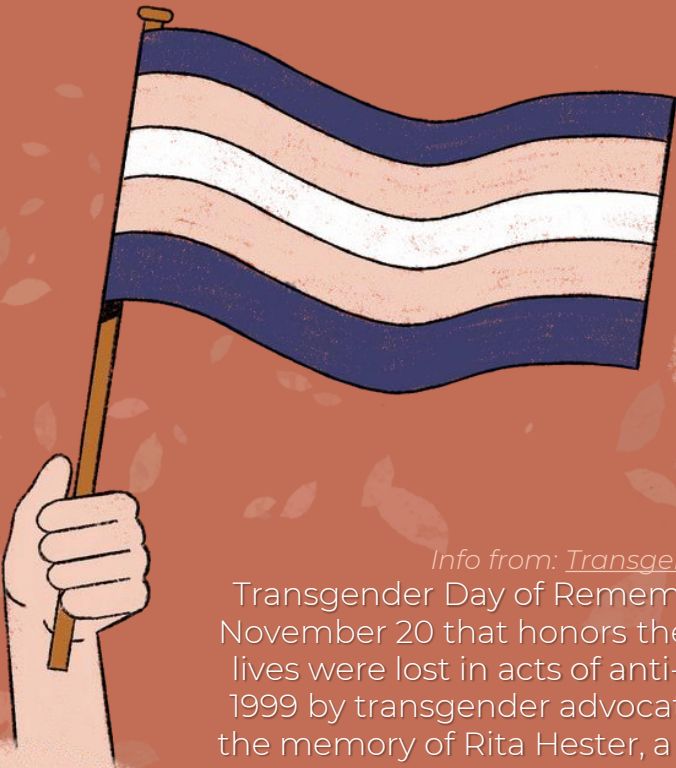


Trans Awareness Week

November 13-19

Info from: [Transgender Awareness Week | GLAAD](#)

Transgender Awareness Week is a week when transgender people and their allies take action to bring attention to the community by educating the public about who transgender people are, sharing stories and experiences, and advancing advocacy around issues of prejudice, discrimination, and violence that affect the transgender community.



68% of Americans believe they have never personally met anyone who is transgender.

Watch the documentary [DISCLOSURE](#) on Netflix. DISCLOSURE invites viewers to see the dynamic interplay between trans representation on screen, the resulting cultural attitudes off-screen, and real-world consequences of these inauthentic, stereotypical depictions on the lives of real trans people as told by the 30 trans people interviewed for the film. [Click for options to learn more](#)

Info from: [Transgender Day of Remembrance | GLAAD](#)

Transgender Day of Remembrance (TDOR) is an annual observance on November 20 that honors the memory of the transgender people whose lives were lost in acts of anti-transgender violence. TDOR was started in 1999 by transgender advocate Gwendolyn Ann Smith as a vigil to honor the memory of Rita Hester, a transgender woman who was killed in 1998. The vigil commemorated all the transgender people lost to violence since Rita Hester's death, and began an important tradition that has become the annual Transgender Day of Remembrance.

"Transgender Day of Remembrance seeks to highlight the losses we face due to anti-transgender bigotry and violence. I am no stranger to the need to fight for our rights, and the right to simply exist is first and foremost. With so many seeking to erase transgender people — sometimes in the most brutal ways possible — it is vitally important that those we lose are remembered, and that we continue to fight for justice."

— Transgender Day of Remembrance founder Gwendolyn Ann Smith

