Deciding What's Next

Local Resource Groups

One option is contacting a local organization that helps those affected by sexual assault and domestic violence. Groups below have sexual assault hotlines available 24/7 and can provide or connect you with:

- Legal Assistance
- Medical Examinations
- Safe Housing
- · Professional Counseling
- Support Groups
- Safety Planning

Center for a Nonviolent Community 209 533-3401

Sonora, CA nonviolentcommunity.org

Mountain Crisis Services 888 966-2350

Mariposa, CA mountaincrisisservices.org

Valley Crisis Center 209 722-4357 Merced, CA valleycrisiscenter.org *All groups listed are committed to serving individuals of all genders, races, sexual orientations, religions, abilities, and other identities.

Reporting

For many survivors, reporting their assault is an important part of their healing. Choosing what to do after experiencing sexual assault can be challenging, but there is no right or wrong course of action, it is ultimately your decision.

CALL 911

An official investigation cannot begin until reported to Law Enforcement.

To receive support in filing a report, use the resources below:

NPS Dispatch

209-379-1992

Available 24/7 for emergency assistance from park service law enforcement officers.

Can provide help even if not called immediately.

Yosemite Valley Medical Clinic 209-372-4637

The clinic is a neutral space and confidentially provide medical services and referrals to desired resources including mental health and social safety net services with community partners.

Investigative Services Branch

888-317-6310

Victim Assistance victim_assistance_program@nps.gov

National Sexual Assault Hotline

800-656-4673 | rain.org/resources A national hotline, available 24/7, with knowledge of the reporting process.

For Workplace Harassment

Contact your company's Human Resources or The Equal Opportunity Office (EEO) to connect you with resources. www.eeoc.gov

YOSEMITE NATIONAL PARK

Understanding Consent, Sexual Assault, and Reporting

INFORMATION | PREVENTION | EMPOWERMENT



What is Consent?

An active agreement to engage in sexual activity.

Consent must be

Informed

They know what they're agreeing to.



Explicit

A clear "yes".

Freely Given

They said "yes" because they want to, not because they had to.



A person cannot consent if they are:

- Under the influence of drugs or alcohol
- Mentally compromised
- Asleep
- Underage
- · Threatened, coerced, or intimidated

What is Sexual **Assault?**

Any sexual contact without explicit consent from the recipient.

Sexual contact includes, but is not limited to

- Intentional contact Touching of genitalia. buttocks, breasts, inner thigh, or other private areas

 - Kissina
 - Fondling (over or under clothing)

Sexual assault is a broad legal term that can be used to describe numerous cases, including:

sexual abuse, rape, indecent behavior, indecent assault, sexual molestation, incest, child sexual abuse, child sexual assault, touching, 'feeling up', and sexual harassment.

Do you know someone who has been sexually assaulted?

It is important to help family and friends who have been affected by sexual assault. Here are some tips:

- Give them this brochure and encourage them to reach out to a local resource group.
- Offer your support and ask what they need.
 - Communicate with them intentionally.
- Check out the tips below for more help.

Supportive Communication Do's and Don'ts

- Remain calm.
- Let them express their feelings.
- Assure them of your support.
- Maintain confidentiality.
- Encourage them to get help.

- Get angry.
- Pry into the intimate details.
- Say everything is all right.
- Hold or touch them without permission.
- Confront the offender.